

# FACIAL PIERCINGS



Approximate Healing Time: 2 months to 1 year

Congratulations on your new piercing. The most important thing to remember about your new piercing is not to touch it. If you are touching your piercing without washing your hands, you are most likely going to get an infection.

First: Wash hands thoroughly, then rinse. Next, pump some liquid antibacterial soap into your hands and work to a lather. With your fingertips, gently massage lather into piercing until scab tissue breaks up from the moisture. After scab tissue is broken up, rotate jewelry through piercing, working the soap into the piercing itself. When thoroughly cleaned, rinse with warm water still rotating jewelry until all residues is washed clean.

A saline, or sea-salt, soak is also advisable to promote blood circulation and fight irritation. To make the solution mix a pinch (1/4 tsp) of sea-salt or Epsom salt with 8oz of warm or hot, bottled water. Hold solution (in shot glass or on cotton ball) on piercing for 3 - 5 minutes.

Do not change jewelry for at least 2 months. Cartilage piercing is going to take approximately 1 year to heal and should not be changed for at least 3 months.

Your piercing was performed by

**Trey**

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