

GENITAL PIERCINGS



Approximate Healing Time 4 weeks to 3 months

Genital piercing varies in depth and types of tissues, so the healing time is going to vary with each. As with other piercing, it is very important not to touch the piercing unless you are cleaning it.

Clitoral hood and inner labia and will be the easiest as they tend to not scab, being that they are always moist. Outer labia and most male genitalia are going to scab, so they will need slightly more diligent care. 2 -3 times daily, you will need to clean the piercing with a liquid antibacterial soap. First, wash your hands thoroughly. Work the soap to lather in your palm, with your fingertips, gently massage the lather into the piercing until the scab tissue breaks up on its own. After the scab dissolves, rotate jewelry or move back and forth to insure that the soap lather is evenly dispersed inside the piercing. The next step will be to rinse the piercing with clean water, still moving jewelry back and forth to insure that there is no residue still present. With genital piercing, it is advisable to splash some of your own urine onto it as your urine is sterile to your own body. Depending on the piercing, you are going to want to abstain from sexual activity (oral, intercourse, and masturbatory) anywhere from 3 weeks to 2 months. The deeper the tissue in the piercing the longer you will want to abstain. Abstinence is advised because, as an open wound, it will be more susceptible to infection and sexually transmitted diseases. Your fresh piercing are also going to be easier to tear while healing. Taking a multi-vitamin that includes vitamins B and Zinc will also further facilitate healing.

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